

## REGISTRATION FORM:

Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am registering for the following:

*Introductory Mediation*  
*October 24, 25, 26 and*  
*November 1, 2022*

*Please send me information*  
*on Advanced Skills course.*

*I am interested in future courses.*

*Class size is limited.*

*Early registration is encouraged.*

**Send Registration and Payment**  
**to:** *Iowa Mediation Service*  
*1441–29th Street, Suite 120*  
*West Des Moines, IA 50266*

**Register and Pay Online at :**  
*www.iowamediationservice.com*

### The Value of Mediation

Resolving conflicts is a goal most of us have. However, it is not always easy. Often there are many issues which must be addressed, regardless of the context of the conflict. Roles, rights, responsibilities and relationships need to be realigned and issues must be resolved in order to allow parties to move beyond the conflict.

Mediation offers people the tools they need to maintain control over decisions in their lives. Mediation encourages cooperation and participation of all parties in making the decisions that affect their lives, families, careers, and future. As a result, agreements are more inclusive and more likely to be honored by all parties.

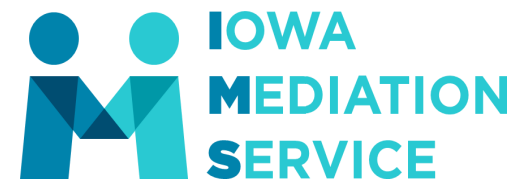
### Who Should Attend

Individuals who want to learn the basic theory and skills necessary to formally practice mediation as an expansion of their present work, and for those who desire to understand how mediation strategies, negotiation skills, and problem-solving techniques might be effectively integrated into their personal and professional lives.

### In this Course You Will Learn

The practical skills, strategies, and techniques necessary for successful mediation.

- How to identify the causes of conflict and how to develop the tools needed to handle elements of a conflict.
- How to handle power disparities and help parties recognize their power.
- How to consider the place of mediation within the legal system and how to respond to ethical dilemmas that arise in mediation.



## INTRODUCTORY MEDIATION TRAINING



*October 24, 25, 26, 2022*  
*and*  
*November 1, 2022*

**LIVE VIRTUAL TRAINING**

Iowa Mediation Service, Inc.  
1441–29th Street, Suite 120  
West Des Moines, IA 50266

Phone 515-331-8081  
[www.iowamediationservice.com](http://www.iowamediationservice.com)

## Previous trainee comments:

*"I have loved the training, I love hearing your stories and learning from your experiences, and you have only made me more sure this is a skill I want to learn and a practice area I want to build!"*

Attorney

*"Great balance—I liked the flexibility to go with the teachable moments!"*

Organizational & Professional Development Professional

## The Course

The 32-hour course is designed to teach the mediation process as utilized by Iowa Mediation Service (IMS). The training focuses on mediation, the role of the mediator, and the techniques of negotiation.

This class will introduce the participants to the subject of conflict resolution and the process of mediation. To prepare individuals to become mediators, the training will teach the necessary skills and strategies, as well as help participants develop their personal style.

The training program includes lectures, video presentations, structured exercises, role-playing, virtual learning, and self-study activities.

## Course Outline

Specific issues to be covered include:

- Overview and introduction to conflict resolution, negotiation and mediation.
- Conflict styles, skills, strategies and techniques.
- How to structure the process and control mediator bias.
- Negotiation and settlement strategies: analyzing the dispute.
- The use of experts and advocates in mediation.
- Ethical issues, including confidentiality.
- Handling impasse and power disparities.
- Understanding implicit bias.
- Decision-making in mediation.
- Online mediation skills.

*This training is approved for 30.0 total hours Continuing Legal Education (CLE) with 1.0 hour Ethics and 1.0 hour Diversity. Activity Number 378509.*



## Trainers

The lead trainer will be Kiley Fleming, Ed.D, PHR, SHRM—CP, Executive Director of IMS.

Kiley will be joined by the IMS staff, all of whom have extensive mediation and training experience and will give individual attention and feedback.

## Fees and Arrangements

**The course schedule is:**

**(VIRTUAL LEARNING)**

October 24 & 25, 2022 8:00am to 4:30pm

October 26, 2022 8:00am to 12:00pm

November 1, 2022 8:00am to 4:30pm

**Note:** Short breaks will be given and a half-hour break will be given for lunch.

Independent Study assigned prior to training.

**Training Fee:**

The standard registration cost is \$850.00. Early registration fee is \$700.00 if payment is received no later than September 26, 2022.

**Contact:**

Kathy Eckert

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515-331-8081